

**PATIENT INSTRUCTIONS FOR  
Urolift/Rezum**

Your appointment is scheduled on \_\_\_\_\_ at \_\_\_\_\_ in our Chicago Ridge office, which is located at 10400 Southwest Hwy Chicago Ridge, Il, with Dr. \_\_\_\_\_.

Please follow the directions below. If you have any questions or if for any reason you will be unable to make your appointment, please call (708) 423-8706.

1. Use a **FLEET ENEMA** (over the counter) the night before your appointment.
2. Take one **Valium 10mg** tablet 1/2 hour before the procedure.
3. Do not drive after taking Valium, make arrangements for transportation to and from the procedure.
4. You may eat the day of the procedure.
5. No blood thinning products **7 days prior** to your procedure such as Plavix, Ticlid, COUMADIN, Xarelto, Eliquis, Pradaxa...

*You MUST check with your cardiologist or prescribing physician BEFORE discontinuing these drugs.*

Discontinue any anti-inflammatory drugs **7 days** prior such as: Aleve, Naproxyn, Celebrex, Meloxicam, Ibuprofen, Vitamin E, Aspirin, Ecotrin and herbal meds like fish oil.

6. You may take all your daily medications unless otherwise indicated by your physician.

7. Wear comfortable or loose fitting clothing the day of the procedure. A catheter will be placed in your bladder and stay there for the next few days. Your Doctor will instruct you on when the catheter will be removed.