

**PATIENT INSTRUCTIONS FOR
Urolift/Rezum with Sedation**

Your appointment is scheduled on _____ at _____ in our Chicago Ridge office, which is located at 10400 Southwest Hwy Chicago Ridge, Il, with Dr. _____.

Please follow the directions below. If you have any questions or if for any reason you will be unable to make your appointment, please call (708) 423-8706.

1. Do not drive, make arrangements for transportation to and from the procedure.
2. Do not eat or drink after midnight before your procedure. Morning medications can be taken with a sip of water.
3. No blood thinning products **7 days prior** to your procedure such as Plavix, Ticlid, COUMADIN, Xarelto, Eliquis, Pradaxa...
You MUST check with your cardiologist or prescribing physician BEFORE discontinuing these drugs.
Discontinue any anti-inflammatory drugs **7 days prior** such as: Aleve, Naproxyn, Celebrex, Meloxicam, Ibuprofen, Vitamin E, Aspirin, Ecotrin and herbal meds like fish oil.
4. Wear comfortable or loose fitting clothing the day of the procedure. A catheter will be placed in your bladder and stay there for the next few days. Your Doctor will instruct you on when the catheter will be removed.